

DOJO 1					DOJO 2				
LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI
MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG
☺ TAI CHI 9h30-10h30	☺ KARATE adultes 12h15-13h30	☺ KARATE 4-5 ans blanche 15h30-16h10	☺ KARATE adultes 12h15-13h30	☺ KARATE 6-8 ans blanche 16h15-17h05	☺ KICKBOXING 12h30-13h30	☺ BOXING 9h30-10h30	☺ BOXING 9h30-10h30	☺ BOXING 12-17 ans 17h00-18h00	☺ BOXING 12-17 ans 17h00-18h00
☺ KARATE 6-8 ans blanche 16h15-17h05			☺ KARATE 6-9 ans orange 16h10-17h00						
☺ KARATE 9-15 ans jaune-orange 17h10-18h10	☺ KATA competitors verte + 17h00-18h00	☺ KARATE 9-15 ans blanche-jaune 17h10-18h10	☺ KARATE -15 ans verte + 17h10-18h10	☺ KARATE 9-15 ans jaune-orange 17h10-18h10	☺ KICKBOXING beginners 18h00-19h15	☺ KICKBOXING women only 18h00-19h00	☺ KICKBOXING beginners 18h00-19h15	☺ KICKBOXING women only 18h00-19h00	☺ BOXING 18h00-19h15
☺ KUMITE competitors verte + 18h15-19h15	☺ TAI CHI 19h00-20h00	☺ KATA superior advanced bleue + 18h15-19h45	☺ KARATE adultes 18h15-19h45	☺ KATA orange + 18h15-19h15	☺ BOXING advanced 19h15-20h30	☺ BOXING beginners 19h00-20h15	☺ BOXING advanced 19h15-20h30	☺ KUNG FU 19h00-20h00	☺ KICKBOXING 19h15-20h30
☺ KARATE adultes 19h15-20h45	☺ KARATE adultes 20h00-21h30	☺ KUMITE 19h45-21h00	☺ TAI CHI 20h00-21h00	☺ KUMITE orange + 19h15-20h15	☺ KICKBOXING advanced 20h30-21h45		☺ KICKBOXING advanced 20h30-21h45	RESERVE	

Horaires TC Training Center & Budo Center Fribourg



Lundi-Vendredi
Samedi-Dimanche

8h-22h
9h-18h

Montag-Freitag
Samstag-Sonntag

